

An Optical Illusion



KEEPING OUR FOCUS ON GOD

In a world full of busyness and distractions, it can be hard to keep our focus on God. But, it's crucial when it comes to our faith formation. The more you know the Bible and the more you know God, the clearer, safer and sharper your lens is to process the world. This is known as a Biblical Worldview – seeing the world through God's holy lens, brought into focus by the Bible.

When we keep our focus on God – and we see Him in every situation – we are living our life on a solid foundation.

This **simple and fun optical illusion activity**, along with the Bible story of Peter walking on water, will help guide you through teaching your child how and why we need to keep our focus on God. Have fun!

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MATERIALS NEEDED:

- Optical illusion graphic (*last page of this resource*)
- Bible

INSTRUCTIONS & GUIDED CONVERSATION:

Say, *“We are going to do a little experiment. I’m going to give you a piece of paper, and I want you to look at it carefully. Think about what you see on it.”*

Hand the optical illusion graphic to your child. After a few moments, ask your child what they see.

If it isn’t mentioned, ask if they noticed any letters or words in the poster. Give them a few more moments to look and guess.

Say, *“You might have focused just on the black parts of the picture. But if you change your focus and start looking at the picture differently by focusing on the white parts, you can see the letters and the word, ‘Jesus.’”*

Say, *“Just like this experiment, we can choose to look at something in different ways. This Bible story of Peter will help us understand why we should keep our focus on God.”*

INSTRUCTIONS & GUIDED CONVERSATION (continued):

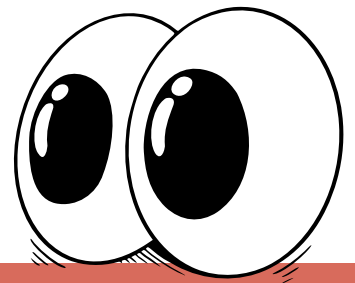
Read Matthew 14:22-33 from your Bible out loud to your child.

Say, *“Isn’t it amazing that Peter actually walked on water?! Because of his strong faith and his focus on Jesus, he was able to do that. If we keep God in our mind, even when we face hard situations, He will help us get through them.”*

Let your child respond.

Finish by saying, *“What kinds of ways do you think you can keep your focus of God?”*

Have an open discussion about ways your family can do this together (prayer, reading the Bible, listening to worship music, talking about God at dinner, etc.)



“And Peter answered him, ‘Lord, if it is you, command me to come to you on the water.’ He said, ‘Come.’ So Peter got out of the boat and walked on the water and came to Jesus.”

Matthew 14:28-29

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